

Roseville Parkinson's Support Group

July 2016

Our guest was Pam Petty who is a massage therapist . She feels massage therapy can be very beneficial for someone with PD. From reducing rigidity and tremors to improvement in sleep. Patients report their daily stamina has risen thus allowing them to get out of the house which helps with anxiety and depression . Patty's fees for house calls vary upon the travel distance from her home to her client's. Medicare and insurance companies in general do not see massage therapy as medically necessary.

The Parkinson's World Congress was briefly discussed. It takes place September 20-23,2016 in Portland, Oregon. To have a major PD Conference held in the United States when they are held all over the world gives us a greater opportunity to attend.

Secretary Shelly Butler announced she had placed an order for POLST forms and expected to have them for the August meeting. POLST is a form you fill out with your doctor to assure your medical wishes will be followed when you are unable to speak for yourself.

Shelly Butler
Secretary RPSG