

# ROSEVILLE PARKINSON'S SUPPORT GROUP (RPSG)

## SEPTEMBER 2009 MEETING MINUTES

The RPSG's September meeting was devoted to interaction by the members. Tara asked members if they have any funny stories about things that have happened to them since they've been diagnosed with PD. She also asked members to comment regarding whether-or-not they had any unanswered question about PD. There was a lively discussion with members sharing many interesting comments and stories.

Member Stormy Schauer, RPSG's representative to the Parkinson's Association of Northern California (PANC), made his report regarding PANC's upcoming fundraiser. Stormy reported on the silent auction and gave the group an idea regarding the type of items that were going to be auctioned at the PANC event. Stormy also informed the group that he had "New York" raffle tickets for sale. The raffle tickets are \$50 each or three for \$100: If you win, you'll receive an all expenses paid trip to New York.

Member Ken Wood made a presentation regarding the importance of voice exercise and led the group through a series of exercises that he developed to help others with PD.