

ROSEVILLE PARKINSON'S SUPPORT GROUP

SEPTEMBER MEETING MINUTES

The September meeting began with a brief discussion regarding Doctor Melanie Brandabur's August visit. Doctor Brandabur is a Neurologist from the Parkinson's Institute who specializes in Parkinson's disease and other movement disorders. Those members who attended were greatly impressed with her presentation and the question and answer session.

Vice President John Springer has developed a brochure outlining RPSG's mission and goals for the Parkinson's community in Roseville and the surrounding areas.

President Tara McCain announced that the Parkinson's Association of Northern California (PANC) is holding their annual "Living Well with Parkinson's" seminar on Saturday September 13th at the Scottish Rite Temple. Tara also mentioned the many benefits available to PANC members and encouraged everyone to join. Member Dottie Wood mentioned that PANC members were entitled to have "Rebuilding Together" come to your home and make necessary changes that will enable you to navigate your home safely.

Tara announced that our "An Evening to Remember" car show, dinner dance fundraiser is scheduled for the evening of September 27th. The event starts at 5pm and will run through 9pm. There will be a raffle, dancing, classic cars and dinner provided by BJ's Restaurant. Diana Penna and Pat Walsh will again MC the evening's activities. Tickets are \$50 per person. RPSG members are free.

Librarian Dottie Wood reminded everyone of the wonderful reference materials available to us, such the book, "Mind, Mood and Memory" and Joel Davis' book, "Justice Waits".

Member Randy Calvert briefly shared with the group information he obtained on a drug call "Naltrexone"; and, he also provided information on a stem cell research project being conducted in Germany. For additional information please contact Randy directly.

Finally, a brief discussion was held regarding topic members would like discussed at future meetings such as having Kathy Vincent return to discuss voice exercises.