

ROSEVILLE PARKINSON'S SUPPORT GROUP

FEBRUARY 2009 MEETING MINUTES

Our February meeting was an open forum, providing members an opportunity to ask questions and share information.

President Tara McCain mentioned the importance of having your medical information close by should emergency assistance be needed. We discussed the "Vial of Life" program in which your medical data is posted on your refrigerator for paramedics etc.: and the program developed by the Parkinson's Resource of Oregon which provides optimal care for those with PD. Additional information will be gathered and presented at a future meeting.

Member Jim Fogerty stressed the value of keeping all your legal documents, such as a "Will", a "do not resuscitate" (DNR) order and Power-of-Attorney current and in proper order.

Member Ken Wood brought the group up-to-date with his progress in recovering from recent DBS procedure. Ken stated that his right hand tremor has responded better than his left; however, Ken's wife Dottie reminded us that continued tweaking is necessary until the right formula is found.

The PBS "Frontline" program, "My Brother, My Father and Me", featuring radio personality Dave Iverson, who in 2004 was diagnosed with PD (has have both his father and brother), will be broadcast Tuesday February 3rd. The program follows the journalist as he sets off on a personal journey to explore the scientific, ethical and political debate that surrounds Parkinson's.

Randy Calvert recommended the website, www.patientslikeme.com where you get the chance to talk with other patients living with PD, and countless other medical challenges. It is a free service. Their motto is, "Patients helping patients live better everyday".

Next months (March) refreshment person is Milton Harmon.