

## **ROSEVILLE PARKINSON'S SUPPORT GROUP (RPSG)**

### **JANUARY 2010 Meeting Minutes**

Tara began the meeting by introducing new members. She then introduced Margaret Baker (and husband David) who briefly discussed recent DBS surgery and her recovery progress.

Shelly made a brief report on Hap's visit to the Parkinson's institute in Sunnyvale. Shelly provided a comparison of the services received at the institute as compared to those received by his local Neurologist.

Tara made a report on the Boards recent meeting. Tara also, stated that she is looking into the feasibility of producing a quarterly newsletter. Tara wants to have a means of providing news and information about RPSG members, such as a "did you know" feature.

Tara advised the group that she is going to Stockton Friday to meet with the "My Bands" company. It's her goal to obtain a full refund.

Tara mentioned that RPSG is tentatively planning to hold its next funding event in August at the Maidu Center. It was explained that the fund raiser will be a luau dinner dance. She asked that you please consider volunteering for this event and sign up at the next meeting.

Tara again asked RPSG members to join the Parkinson's Association of Northern California (PANC) and provided a brief description of PANC and the benefits of becoming a member. Tara handed out a chart provided by PANC that can be used to track your daily living activities. This chart helps you evaluate how you are doing in managing your PD. Tara also handed out a list of "Northern California Movement Disorder Specialists and Neurologists" published by PANC.

Tara provided a list of possible guest speakers for this year's meetings. Suggestions for additional speakers were accepted from the membership.